



Department of Parks and Recreation 2021 Summer Recreation Activities





BASKETBALL







2021







VOLLEYBALL







POOLS – MACK POOL & CEDAR BEACH POOL









SUMMER PLAYGROUND PROGRAM



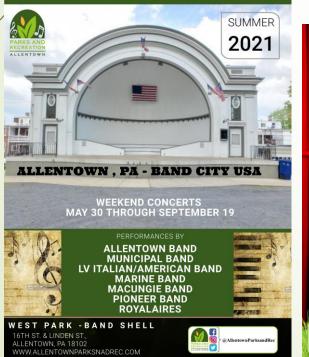








SUMMER ENTERTAINMENT











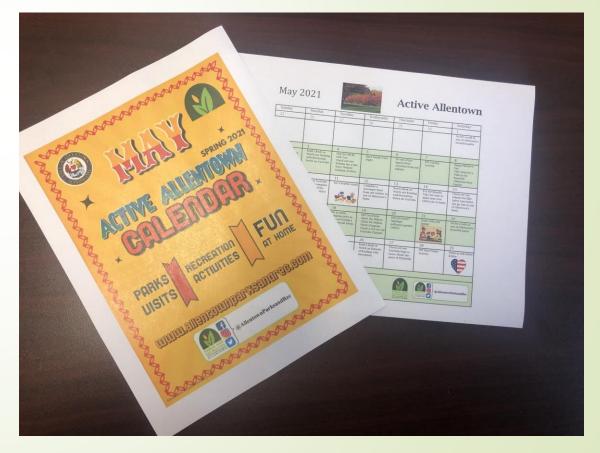
VIRTUAL PROGRAMS - MONTHLY CALENDAR

April 2021



Active Allentown

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
				April Fools Day Tell a joke to a friend or family member.	Make Dinner as a Family Night. Check out our how to make your own Pizza video on YouTube	Go for a 10 minute walk in one of the beautiful Allentown Parks
4	5	6	7	8	9	10
Enjoy the outdoors while completing one of the DIY activities from our Recreation @ Home Series	Choose a workout from the Parks & Recreation Youtube Channel	Do as many jumping jacks during a commercial break	Go for a walk in one of Allentown's beautiful parks.	Read a book.	Check out Allentown Parks & Rec Youtube Channel and try a sport workout.	Complete Allentown Parks & Rec Scavenger hunt.
11	12	13	14	15	16	17
Visit the Dixon Street Dog Park or walking trails with your dog	Make a grilled cheese with your family today.	Learn how to grown your own plant at home from our YouTube Channel	Do as many pushups as you can during a TV commercial break.	Healthy Mind Healthy Body Check out our YouTube D.A.R.E. Video	Watch the B is for Breathe Series on YouTube and try 2 of the calming techniques to destress	Choose a workout from the City of Allentown Parks & Recreation Youtube Channel.
18	19	20	21	22	23	24
Make a list of 10 things you are grateful for.	Read a book.	Try to drink water as your only beverage today.	Check out Allentown Parks & Rec Youtube Channel and try a sport workout.	Collect a bag of litter from your block or local park.	Go for a picnic with a family or friend Did you know Parks & Recreation rents Pavilions?	Pizza & Game nigh
25	26	27	28	29	30	1
Get Outdoors and enjoy out parks by playing Bird Bingo. Check out our website for your printable bingo card	Make a Healthy Afterschoo Snack Check out our video on YouTube for great snack ideas	Count the stars in the sky (Full moon)	Watch your favorite superhero movie with family or friends.	Do a dance/workout video.	Go for a walk and see how many different trees you see.	
2	3	Notes				
				PARKS AND RECREATION ALLENTOWN	PARKS AND RECREATION ALLENTOWN	ownParksandRec



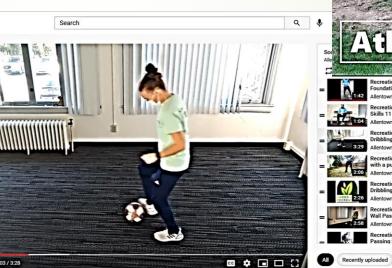




6 views - Jan 7, 2021

VIRTUAL PROGRAMS - RECREATION AT HOME
PHYSICAL FITNESS





















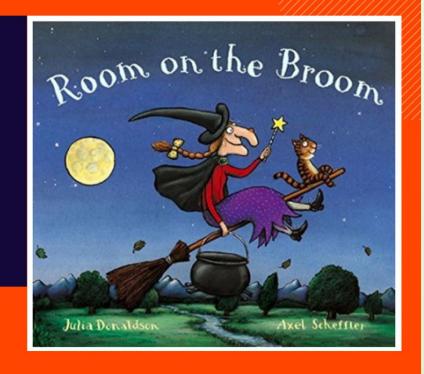




VIRTUAL PROGRAMS – RECREATION AT HOME READING WITH RECREATION

READING WITH RECREATION









VIRTUAL PROGRAMS – RECREATION AT HOME DIY ARTS & CRAFTS







VIRTUAL PROGRAMS – RECREATION AT HOME MINDFULLNESS MONDAYS & HEALTHY LIVING PRESENTATIONS









EMPLOYMENT OPPORTUNITIES











MyRec RESERVATIONS SYSTEM



Go for a walk every day

Stay Active!

View our programs and

activities





PROJECT – IRVING POOL







PROJECT - JORDAN SKATEPARK



Jordan Park Skatepark Final Concept Allentown, PA









PROJECT - VALANIA PARK





PARKS AND RECREATION ALLENTOWN

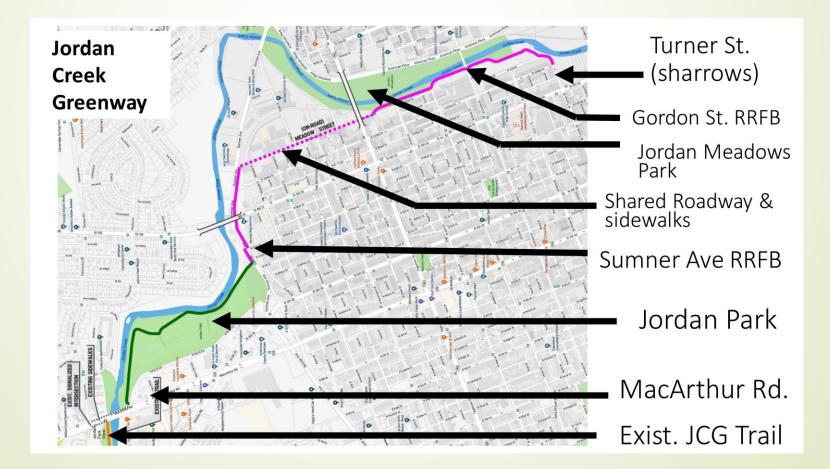
TRAILS - Jordan Greenway, Auburn Crosstrails, MLK Trail







TRAILS - JORDAN CREEK GREENWAY TRAIL







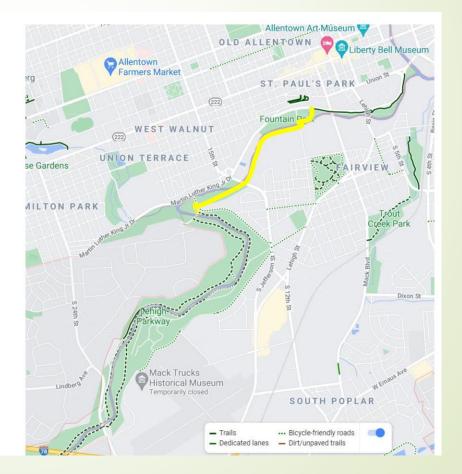
TRAILS - MLK TRAIL

MLK Trail

- 1 mile connection from Fountain Park Path to Lehigh Parkway Trails
- Connect Center City to 6 miles of trails and large park/open space area along Little Lehigh Creek
- Adjacent to Little Lehigh Creek, designing for trail to be flooded
- Incorporating solar lighting for morning/evening commuting











PERCY RUHE MASTER PLAN



